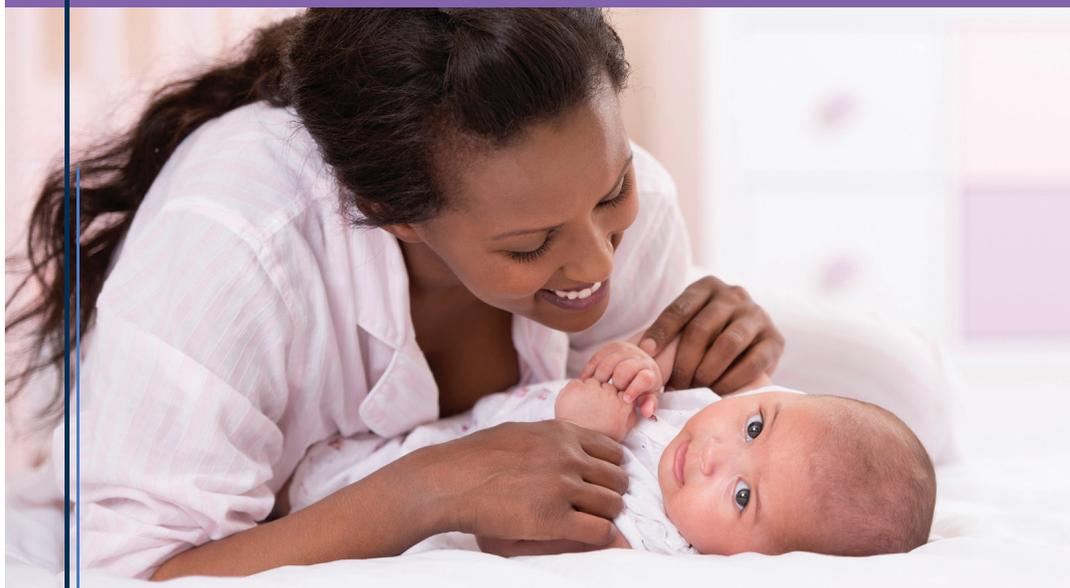


MATERNAL HEALTH AWARENESS DAY

JANUARY 23, 2020



Maternal Health Awareness Day was established to raise awareness of maternal health, safety, and mortality issues. The number of women who die during pregnancy has continued to rise, despite recent advances in medicine.

The “fourth” trimester is as equally important as the first three and can impact your overall mental health. Postpartum care and mental health should be addressed by a physician to help women transition into more routine care and follow-up services, if needed.

JOIN US TO LEARN MORE ABOUT MATERNAL HEALTH

Maternal Health Fair – The 1st, 2nd, 3rd and 4th Trimester

This event is designed to create awareness and improve communication between patients, healthcare providers, and family members on maternal health. Browse informative booths and speak with Reading Hospital experts on improving maternal health during pregnancy and the postpartum period.

When: January 23, 2020

Time: 9:30 a.m. to 2 p.m.

Where: Education Rooms C&D, Reading Hospital
Free parking is available in the 5th Avenue Garage off of the 5th Avenue Entrance. Check in with security to sign in.

To learn more visit reading.towerhealth.org/1234trimester.

Registration is required.

To register, call **484-628-HELP (4357)**.

Every day, **2** women on average die in the United States following childbirth, and an additional **1,000** women are affected every week by severe complications during delivery.

60% of deaths could have been prevented.

Between 1993 and 2015 (the most recent year reported), the pregnancy-related mortality ratio has *more than* **DOUBLED**

Compared to the United States, **49 other countries** have reported **lower maternal mortality rates**, with the U.S. maternal mortality ratio higher than in many developing countries.

Leading causes of death are **cardiovascular conditions** such as **heart disease** and **stroke**

15% of women don't have a primary care doctor after delivery.



Reading Hospital

TOWER HEALTH

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