If you suspect someone has sepsis, see a medical professional immediately or call 911 and say, "I AM CONCERNED ABOUT SEPSIS."

WHAT IS SEPSIS?
Sepsis is the body’s overwhelming and life-threatening response to an infection. For reasons still undetermined, when someone has sepsis, their immune system suddenly stops fighting against infection and instead fuels it. But, sepsis is preventable and treatable in most cases with early recognition. That’s why it’s critical to be aware of sepsis and know how to recognize its symptoms. Take a moment this month to learn more about sepsis and share the information with those around you.

Sources: www.sepsis.org; www.cdc.org

TOWER HEALTH
FOUR TYPES OF INFECTIONS ARE OFTEN LINKED WITH SEPSIS

<table>
<thead>
<tr>
<th>LUNGS</th>
<th>URINARY TRACT</th>
<th>SKIN</th>
<th>GUT</th>
</tr>
</thead>
<tbody>
<tr>
<td>(e.g., pneumonia)</td>
<td>(e.g., kidney)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

WHO IS AT RISK?

Anyone can get an infection, and almost any infection can lead to sepsis. However, certain patients are at increased risk for developing sepsis:

- Adults 65 or older, or children younger than one
- People with chronic medical conditions, such as diabetes, lung disease, cancer or kidney disease
- People with weakened immune systems

KNOW THE SYMPTOMS

Educate yourself, patients, families, loved ones, and the community to recognize the symptoms of severe infection and sepsis. While there is no single symptom of sepsis, signs of sepsis can include a combination of the following:

- Confusion or disorientation
- Shortness of breath
- High heart rate
- Fever or shivering, or feeling very cold
- Extreme pain or discomfort
- Clammy or sweaty skin

FAST FACTS

Each year, 1.7 MILLION ADULTS in the U.S. develop sepsis. More than 270,000 WILL DIE as a result.

65% OF AMERICANS SAY THEY KNOW THE WORD SEPSIS, but only 12% can identify THE SYMPTOMS

#1 cost of hospitalization in the U.S., approaching $27 billion each year.

The leading cause of hospital readmissions and HOSPITAL DEATHS