The Procedure
The test consists of a series of blood pressure recordings of your arteries. Blood pressure cuffs will be placed on your arms or legs depending on the areas to be monitored. The technologist will record blood pressure at multiple areas on your legs. The procedure may also include a brief walk on the treadmill or ice immersion. For example, if your doctor wants to check the circulation in your legs, the technologist will record blood pressure at five areas on your legs. The procedure may also include a brief walk on the treadmill. You may also have measurements taken with an arm or leg put into very cold water. This shows how the blood reacts to extreme cold temperatures. Please allow about one hour for the entire procedure.

Follow-Up
The results of the test are sent to your doctor who will discuss the findings with you at your next appointment.

Questions
If you have any questions, or need to cancel your appointment, please call 484-628-8611.

Date: ____________________________
Time: ____________________________

Important Telephone Numbers
Billing Office  484-628-5820
• Call if you have any questions about your bill.
Patient Advocate  484-628-8663
• Let us know how you felt about your experience at Miller Regional Heart Center.
Emergency Department  484-628-3637
• Call if you cannot reach your doctor and you experience fast or irregular heartbeat or chest tightness.
Call 9-1-1 if you have a life-threatening emergency.

You Are Scheduled for a Pulse Volume Recording

Reading Hospital
TOWER HEALTH

reading.towerhealth.org
What Is a Pulse Volume Recording?
A pulse volume recording helps your doctor find if something is slowing the flow of blood from your heart to your arms or legs. This test is painless. It does not require the use of needles, catheters, or dyes. No X-rays are involved.

Pulse Volume Recording Locations
Miller Regional Heart Center
Reading Hospital
420 S. 5th Avenue
West Reading, PA 19611

Miller Regional Heart Center
Cardiac Testing
1320 Broadcasting Road, Suite 100
Wyomissing, PA 19610

Day of Procedure
- Eat and drink as usual.
- Follow any instructions your doctor gives you.
- Take any medicine that your doctor told you to take.
- Dress comfortably. You will be lying on an examination table for the procedure.

What to Bring
- Legal form of photo identification, such as a driver’s license.
- Health plan identification cards.
- Referral forms, if required by your health plan.
- A list of allergies you have to food, drugs, or latex.
- A list of ALL of your current medications. This includes drugs prescribed by your doctor and any other medicines you take. This may include over-the-counter medicines, herbal remedies, vitamins, supplements, and diet pills. Tell us the exact name of the medicine, the strength, the dose you take, and how often you take it. This information is on the label of all prescription drugs and other medications.

Checking In – Reading Hospital
Directions: The Miller Regional Heart Center at Reading Hospital is located on the 1st floor of N-Building at our West Reading campus. You can access N-Building from 5th Avenue at the traffic light. This driveway is marked with a large sign that indicates parking for the 5th Avenue Parking Garage.

Parking: For FREE valet parking, patient drop-off, or assistance, follow the driveway to the valet station. The station will be marked in blue. Our valets wear blue shirts.
If you prefer to park your own car: Instead of going straight to the valet station, make the first left into the 5th Avenue Garage. Proceed up one level. Park in ANY “Reserved Parking - Patients Only” parking spot.

Checking In – Broadcasting Road
Parking: Park in the lot by the main entrance to the building.

Entrance: Miller Regional Heart Center Cardiac Testing is on the first floor, Suite 100.

Check-In: Check in with the front desk when you arrive. You will verify personal and health plan information.

Family: Your family can stay with you in the waiting area.