You Are Scheduled for a Myocardial Perfusion Exercise Study

Important Telephone Numbers
Cardiology - Tower Health Medical Group
610-375-6565

Billing Office 484-628-5820
Call if you have any questions about your bill.

Patient Advocate 484-628-8663
Let us know how you felt about your experience at Miller Regional Heart Center.

Call 9-1-1 if you have a life-threatening emergency.

Date: ________________________________
Time: ________________________________

Locations
Miller Regional Heart Center
Reading Hospital
420 S. 5th Avenue
West Reading, PA 19611

Miller Regional Heart Center
Cardiac Testing
1320 Broadcasting Road, Suite 100
Wyomissing, PA 19610

Miller Regional Heart Center
Cardiac Testing
31 Industrial Drive, Suite 150
Hamburg, PA 19526

reading.towerhealth.org
A list of ALL current medications. This includes drugs prescribed by your doctor and any other medicines you take. This may include over-the-counter medicines, herbal remedies, vitamins, supplements, and diet pills. Tell us the exact name of the medicine, the strength, the dose you take, and how often you take it. This information is on the label of all prescription drugs and other medications.

Checking In – Reading Hospital
Directions: The Miller Regional Heart Center at Reading Hospital is located on the 1st floor of N-Building at our West Reading campus. You can access N-Building from 5th Avenue at the traffic light. This driveway is marked with a large sign that indicates parking for the 5th Avenue Parking Garage.

Parking: For FREE valet parking, patient drop-off, or assistance, follow the driveway to the valet station. The station will be marked in blue. Our valets wear blue shirts.

If you prefer to park your own car: Instead of going straight to the valet station, make the first left into the 5th Avenue Garage. Proceed up one level. Park in ANY “Reserved Parking - Patients Only” parking spot.

Entrance: Our Valet will direct you to the Security Desk. A Security Officer will help you find the Miller Regional Heart Center registration. If parked on your own, look for the Miller Regional Heart Center entrance which connects with level 1 of the garage. Check in at the Security Desk. Our Security Officer will point you to the Miller Regional Heart Center registration.

Checking In – Broadcasting Road
Parking: Park in the lot by the main entrance to the building.

Entrance: Miller Regional Heart Center Cardiac Testing is on the first floor, Suite 100.

Checking In – Hamburg
Parking: Park in the lot by the main entrance to the building.

Entrance: Miller Regional Heart Center Cardiac Testing is on the first floor, Suite 150.

Checking In – Hamburg
Parking: Park in the lot by the main entrance to the building.

Entrance: Miller Regional Heart Center Cardiac Testing is on the first floor, Suite 150.

Procedure
Part One: A small IV line will be inserted in your arm. You will be given your first injection of the radioactive tracer. You will wait 45 to 60 minutes for the first set of images of your heart.

Part Two: The treadmill speed and incline will go up as the test goes on. When you reach your peak exercise level, you will receive the second injection of the radioactive tracer. When the exercise session is finished, the IV line will be removed. You will wait 30 to 45 minutes for the second set of images of your heart. During this time you will be able to eat; you may bring a snack with you. Please allow 3 to 4 hours for the test.

Follow-Up
The results will be sent to your doctor who will discuss the findings with you at your next appointment.

Questions
If you have any questions or need to cancel your appointment, please call 484-628-8611.