You are scheduled for a
☐ Upper GI Series
☐ Small Bowel Series

Name: ____________________________
Date: ____________________________
Report Time: ______________________
Procedure Time: ____________________
Study: ____________________________
History/Diagnosis: __________________
__________________________________
__________________________________
__________________________________
ICD-10: ____________________________

Please bring with you this brochure, your health plan ID card, photo identification, and your pre-approval or referral forms to your appointment.

Follow-Up
Your physician will discuss the results of your study with you at your next appointment. If you have questions at any point during your examination, please ask.

To avoid constipation after the procedure is over, drink plenty of fluids. However, do not do this if you are on a fluid restriction diet.

To schedule your appointment, or if you must cancel, please call 484-628-8611. If you have any questions about cystograms or voiding cystograms, please ask.
Your physician has scheduled you for a special type of x-ray, upper GI and/or small bowel series.

This brochure explains the procedure, so you will know what to expect on the day of your examination.

A Note to Patients: If you’re having this procedure done on an inpatient basis, your nurse will guide you through all preparations, and will arrange for your transportation to and from the Radiology Department.

About Upper GI Series
An upper GI (GastroIntestinal) series is a special x-ray examination of the stomach and small intestines. By using a barium solution to highlight your gastrointestinal tract, the radiologist can observe the condition and functioning of your digestive system.

About Small Bowel Series
If you are scheduled for a small bowel series, additional x-rays will be taken at 20-minute intervals until the barium has passed through your small bowel. The time for this procedure will vary from individual to individual, so please allow several hours in your schedule to complete the exam. You may wish to bring something to occupy yourself while you wait between x-rays.

Preparation
The preparation for an upper GI series or a small bowel series is minimal. Your only restriction is that you should take “nothing by mouth” after midnight the night before your examination. This means no breakfast, water or other liquids, chewing gum, etc., until after your examination.

Procedure
When you arrive for your appointment, a technologist will show you to a changing room. You will be asked to change into the exam gown provided.

When you’re ready, the technologist will escort you to the x-ray room and will position you in front of the x-ray machine. You will then be given a cup of barium solution to drink.

As you drink, the radiologist will observe the procedure through a fluoroscope, a device which projects images of your stomach and small intestine onto a monitor. Several x-rays will be taken during this procedure.

For the next phase of the exam, the technologist will lower the x-ray table so you will be lying down. Once you have been properly positioned, another series of x-rays will be taken.

Throughout the study, the technologist will ask you to assume various positions so that your stomach and small intestine can be x-rayed from all sides. At the end of the series, the radiologist will review the x-rays to be certain that they contain the information needed.

Location: Reading Hospital, C1
Park in the 6th Avenue Garage and use the main hospital entrance beneath the clock tower. Take the Tower Elevator down one floor to 1. Exit elevator to your left, then turn right. The Radiology Department registration window will be on the right side of the hallway.