You Are Scheduled for a/an:
- Upper GI Series
- Small Bowel Series

Name: ___________________________
Date of Birth: ____________________
Date: ____________________________
Report Time: ______________________
Procedure Time: __________________
Study: ____________________________
History/Diagnosis: __________________
__________________________________
__________________________________
__________________________________
ICD-10 Code and Description: ______
__________________________________
Authorization Number: ____________
Doctor Signature: __________________
Date: ____________________________
Location:
- Reading Hospital
  C-Building, 1st floor

To schedule your appointment or if you must cancel, please call 484-628-8611.
If you have any questions about upper GI or small bowel series, please ask.

Directions
Reading Hospital is located at 420 S. 5th Avenue in West Reading.
The Radiology department is located on the 1st floor of C-Building.

Where to Park: Park in the 6th Avenue Garage.

Where to Enter: Enter the hospital at the D-Lobby entrance, and proceed to the reception desk. Present your ID and receive a visitor pass to help you find your way.

Where You Are Going: Follow signs to the Imaging reception desk.

Please bring this brochure, your health plan ID card, photo identification and your pre-approval or referral forms to your appointment.
Your doctor has scheduled you for a special type of X-ray – upper GI and/or small bowel series.

This brochure explains the procedure so you will know what to expect on the day of your examination.

About Upper GI Series
An upper GI (GastroIntestinal) series is a special X-ray examination of the stomach and small intestines. By using a barium solution to highlight your gastrointestinal tract, the radiologist can observe the condition and functioning of your digestive system.

About Small Bowel Series
If you are scheduled for a small bowel series, additional X-rays will be taken at 20-minute intervals until the barium has passed through your small bowel. The time for this procedure will vary from individual to individual, so please allow several hours in your schedule to complete the exam. You may wish to bring something to occupy yourself while you wait between X-rays.

Preparation
The preparation for an upper GI series or a small bowel series is minimal. Your only restriction is that you should take “nothing by mouth” after midnight the night before your examination. This means no breakfast, water or other liquids, chewing gum, etc., until after your examination.

Procedure
When you arrive for your appointment, a technologist will show you to a changing room. You will be asked to change into the exam gown provided.

When you’re ready, the technologist will escort you to the X-ray room and will position you in front of the X-ray machine. You will then be given a cup of barium solution to drink.

As you drink, the radiologist will observe the procedure through a fluoroscope, a device which projects images of your stomach and small intestine onto a monitor. Several X-rays will be taken during this procedure.

For the next phase of the exam, the technologist will lower the X-ray table so you will be lying down. Once you have been properly positioned, another series of X-rays will be taken.

Throughout the study, the technologist will ask you to assume various positions so that your stomach and small intestine can be X-rayed from all sides. At the end of the series, the radiologist will review the X-rays to be certain that they contain the information needed.

Follow-Up
If you have questions at any point during your examination, please ask. If you are an active MyChart user, you can expect to receive the results when they are available.

To avoid constipation after the procedure is over, drink plenty of fluids. However, do not do this if you are on a fluid restriction diet.