You Are Scheduled For A Myelogram.

Name: ___________________________
Date: __________________________
Report Time: ____________________
Procedure Time: ________________
Study: __________________________
History/Diagnosis: ________________
________________________________
________________________________
________________________________
ICD-10 Code and Description: ______
________________________________
Authorization Number: ____________
Physician Signature: ______________
Date: ____________________________

To schedule your appointment or if you must cancel, please call 484-628-8611. If you have any questions about myelograms, please ask.

You Are Scheduled For A Myelogram

Reading Hospital
TOWER HEALTH

TowerHealth.org

Please bring this brochure, your health plan ID card, photo identification, and your pre-approval or referral forms to your appointment.
Your physician has scheduled you for a special type of diagnostic test known as a myelogram.

This brochure explains the procedure, so you will know what to expect on the day of your examination.

About Myelograms
A myelogram is a special type of x-ray that can detect spinal cord abnormalities, such as ruptured discs, degenerative disc disease, and tumors.

While we understand this is not the most comfortable examination, please remember it does supply your physician with valuable information about your spinal canal.

Registration
You will be registered, prepared for, and recover from the myelogram in the Reading HealthPlex for Surgical & Advance Care (Reading HealthPlex) or T-Ground Prep and Recovery. Please bring this brochure, your benefits card, and any necessary paperwork with you.

A note to inpatients: While you are hospitalized, your nurse will guide you through all preparations, and will arrange for your transportation to and from the procedure.

Preparation
Your physician will tell you what special steps you should follow before the examination. Please pay special attention to any instructions regarding medications, specifically blood thinning medications.

Procedure
You will be asked to change into the examination gown provided. Next, you will be transported to the Radiology Department where the myelogram will be performed.

You will be asked to sign a consent form because of the nature of this examination. In a Fluoroscopic Room, the technologist will help you onto the special tilt table and will position you. The radiologist or neurosurgeon will then inject a contrast material into your spinal canal. The table will be tilted “head-up” or “head-down” to encourage the flow of contrast material throughout your spinal canal.

While this is happening, an instrument known as an image amplifier will scan the spinal column. Images from this process will be projected onto a monitor for the physician to study. Several x-rays will also be taken at this time. Depending on your position, you may be able to view the screen.

Your physician may have also ordered a CT scan after the myelogram. If so, you will be transported to the Imaging Center. If not, you will be taken back to the Reading HealthPlex.

If you are uncomfortable at any time, or have a question, simply tell the technologist or physician.

Follow-Up
Once your studies are completed, you will be transported back to the Reading HealthPlex or T-Ground Prep and Recovery until you are discharged to your home.

Please notify your nurse if headaches occur. He or she will be glad to provide medication to relieve your discomfort.

Your physician will discuss the results of your myelogram with you at a later time.

Checking In
Your procedure will be performed at the Reading HealthPlex for Advanced Surgical & Patient Care.

- **Parking:** Use the Seventh Avenue open parking lot across from the entrance to Reading HealthPlex. Free valet parking is also available at the Reading HealthPlex entrance.

- **Entrance:** Use the Reading HealthPlex Seventh Avenue Main Lobby entrance (423 S. Seventh Avenue). For the Procedure Area, turn left toward the double elevators at the end of the lobby. Take the elevators to the Ground Level and follow signs to the Procedure Area.

- **Check In:** Check in with the receptionist when you arrive. You and your family will be taken to a private prep and recovery room where you will prepare for your procedure. You will return to this area to recover after your procedure until you are ready to go home.

- **Family:** Your family can wait for you in the Procedure Waiting Area. The HealthPlex Café, located on the Lower Level, offers sandwiches, grab-and-go items, coffee and coffee drinks, frozen yogurt, and a variety of snacks, cold beverages, and drinks.