A MESSAGE FROM YOUR PRESIDENT:  
Give the Gift of an Intentional Pause  
by Carol Ann Ottey MSN, RN

I want to extend Happy New Year 2019 greetings to all members of The Reading Hospital School of Nursing Alumni Association. By the time you read this newsletter we will be well on the way into the spring season. As I am writing my message on a cold day in March, I did see tangible proof of that welcomed change in the seasons because I spied the presence of snowdrop (Galanthus nivalis) flowers blooming in my neighbor’s yard. Call me a romantic or a sentimentalist but upon seeing those flowers, it generated feelings of joy, hope and steadfastness. They are the same feelings that I have about the alumni association. We may take the cold, late and winter months off from general meetings and appear dormant, but we sure come back each spring in full force and bloom again. Proof of that bloom comes from looking at the three upcoming wonderful programs scheduled for March, April and May. Who can resist learning about falls and how to prevent them in both our patients and ourselves? Also alcohol use in the trauma patient and updates in wound care are timely topics for all nurses in order to stay well informed and knowledgeable about contemporary nursing concerns. Please come to the meetings and think about bringing a fellow nurse, neighbor or friend. We welcome guests and always have room for them in the auditorium meeting place.

Over the winter months, I found some new ideas that I wish to share regarding improvements in the development of conversational rapport (https://blog.equalrightsinstitute.com/learning-to-allow-space-for-the-thinking-pause/). I have always been extremely interested in improving my ability to communicate with other persons. Nurses have long been educated in the techniques to enhance their therapeutic, conversational rapport ability. A sound rapport is most desirable not only with our patients but also with colleagues, supervisors, spouses, children, neighbors, family members, friends and even enemies. When we are interviewing patients on admission, performing a painful procedure, explaining the side effects of a new medication or teaching about a new onset illness, we can all benefit from giving the gift of an intentional pause. The intentional pause requires the development of the virtue of conversational patience. According to author Timothy Brahm, it should be obvious that if you are listening, to someone you should not interrupt when he is in the middle of a sentence. (continued on page 8)
Reinstated Members

Barbara Steinle Nagle 1963
Nedra Eberly Adelizzi 1967
Susan A York 1968
Joan Clay Graeff 1969
Maria Steuer Phillips 1969
Susan Shriver Roland 1969
Loni Kunkle Boyer 1985
Kimberly Meglathery 2008
Janice Gerhart Kulp 2009
Serena Berger Stoudt 2011
Debra Ream Buffington 2014
Lindsey Moyer Graeff 2016
Kathryn Gilmont Callowhill 2016
Tori Young 2016

New Associate Member

Zachary Helinek

New Paid Life Member

Brenda Shuey Stoyer 1986
Lisa Ulmer Gooch 2010

New Nightingale Member

Jean Kline Bauer 1953

Deaths

Emily Knouse McKinney 1937
Mabel Herr Bagenstose 1943
Martha Chivinski Penberth 1947
Mildred Wagoner Chelius* 1948
Joyce Sternberger Hiller 1948
Phyllis Faust Kimmel* 1950
June Katzaman Moyer 1951
Lois Baver Bitner* 1952
Rita Spindler Sellers 1952
DOD 2014
Sylvia Meck Cable 1955
Marcia Van Liew Vitalo 1955
Rhea Reinhold Rauch* 1955
Sue Ellen Lorah Kaufman 1956
Madge Kline Goodwin* 1957
Shirley Kline Fake Ullrich 1957
Priscilla Tredick* 1958
DOD 2017
Marie Mirabella Lundy* 1958
DOD 2017
Elizabeth Fayash Cartieri 1960
Janice Huntzinger Barnes* 1961
Marcia Strouse Fleisher Cannon 1961
Mary Grebe Geiss 1961
Jayne I Fernsler* 1963
Rhoda Mest Lyons 1964
Leslie Rexon Rauber Hylan 1956
Candace M. Gregory 1968
DOD 2014
Nicole Ebert Shott* 2006

Contributions to the Alumni General Fund

Class of 1951
Lois Miller Persing
In memory of classmates

Class of 1959
Sandra Haag Bond
In memory of Barbara Weiler

Class of 1962
Lois Klein Werner
In memory of classmates

Class of 1964
Peggy Leoni
In memory of Connie Laubach Kazmar
Michele Pappas Garrett
In memory of Connie Laubach Kazmar
Caroline Nichols Lee
In memory of classmates

Class of 1967
Carol A Kerstetter

Class of 1968
Karen A. Krick
Harriet Pyshnik Layton

Class of 1970
Rebecca Beistline Pontius
Christine Belkey Buhrman
In memory of Linda Dreshler and Jeanne Hinkle

*Designates not an Alumni Member.

A donation has been made to the Scholarship Fund to honor the memory of deceased Alumni members.
Reimbursement for BLS and Nursing Specialty Certification

Beginning January 1, 2019, Alumni Association members can be reimbursed for earning a Basic Life Support certification or recertification for Healthcare Providers. Submit proof of payment for the BLS for Healthcare Providers course and a copy of the new card confirming successful completion of the course. Members will be reimbursed on a first come first served basis until the $1,000.00 is depleted.

Beginning January 1, 2019, Alumni Association members can be reimbursed for certification or recertification in a Nursing Specialty. Submit proof of payment and proof of successfully passing the exam and a copy of the certification card. Members will be reimbursed on a first come first served basis until the $2,000.00 is depleted.

For both BLS or certification reimbursement send the request to:

The Alumni Association of the Reading Hospital School of Nursing
POB 6248,
Wyomissing Pennsylvania 19610
Attention: Reimbursement Request

Donations to BCCF
Student Scholarships

Ruth Kochel Rhoads 1950
In memory of Sept. classmates

Dorothy Stalnecker Horn 1950
In memory of Feb. classmates

Anne Baker Patterson 1951
Jane Kurtz Steiner 1951
Class of 1961 1961
In memory of
Janice Huntzinger Barnes,
Mary Grebe Geiss, and
Marcia Strouse Fleisher Cannon
Louise Harting Olmstead 1963

Donations to BCCF
Beth Lynn Negley Manweiler Award

Deborah Yoder 1973

Donations to BCCF
Graduate Scholarships

Jane Kurtz Steiner 1951
Class of 1958 1958
Class of 1964 1964
In memory of
Connie Laubach Kazmar and
Rhoda Mest Lyons

Class of 1958

The class of 1958 held their 60th reunion on August 25, 2018 at the Inn of Reading. Thirty-one nursing classmates attended and reminisced their student memories with much laughter. A delicious buffet was enjoyed by all. A donation was made to the Graduate Scholarship Fund. Deceased classmates were remembered. Read the article about Marie Mirabello Lundy.

Marie Mirabello Lundy 1958

Marie Mirabello Lundy, class of 1958, worked for 31 years as a labor and delivery nurse at Chambersburg Hospital. She was a board-certified Registered nurse in OB-GYN and a Childbirth Education Specialist. Marie’s commitment to nursing and passion for helping new babies and parents were at the core of her being.

In 1993 Marie suffered a major brain aneurysm that ended her nursing career and changed her life. For the next 24 years, her husband Retired Brigadier General Robert J. Lundy, Jr. ensured that Marie’s comfort and healthcare needs were met until she passed away in September 2017.

To honor Marie’s life, Bob made a gift to the Neonatal Intensive Care Unit and the nursing station was named after her. The inscription on the plaque at the NICU states the following:

“Marie established the hospital’s childbirth education program guiding parents through delivery and care of the newborn. Marie showered love and kindness upon the hundreds of babies she helped welcome into our community. Her exceptional nursing skills and compassionate patient care serve as her legacy.”

From Jean Kline Bauer 1953

I really enjoyed reading the article “Following in My Mother’s Footsteps and Cap” by Patti Weber Hibsichman 1976. I graduated in 1953 with her mother Phyllis Ash Weber. I followed my mother Margaret High Kline 1928. I have many happy memories and had an excellent education at RHSN. Years later I graduated with a B.S. in Social and Health Services at RWU in RI. I worked for the state of RI for 22 years as a nurse and many years part time as we raised our family. I have been retired for 25 years. I look forward to the Alumni Connection to check on classmates and news. I am very proud of RHSN.

Donations to BCCF
Graduate Scholarships

Jane Kurtz Steiner 1951
Class of 1958 1958
Class of 1964 1964
In memory of
Connie Laubach Kazmar and
Rhoda Mest Lyons

The Alumni Association of the Reading Hospital School of Nursing
POB 6248,
Wyomissing Pennsylvania 19610
Attention: Reimbursement Request
The Stager Sisters
As Featured in Our Display Case

The Stager sisters numbered three. In the portrait from left to right are Marian (the youngest), Ruth (the eldest), and Jeanne, lovingly sandwiched in between.

Born in Reading to a family with strong Dunkard roots, the sisters learned several customs of the sect from their mother, Esther, and their Father, Ralph (whose father fighting for the Union in the Civil War, lost his arm in the Battle of Antietam).

Needle work was highly prized and fine pieces crafted by Esther, Ruth, Ruth’s daughter, and Ruth’s granddaughter exist in the family today. Also from this heritage, interesting cuisine found its way to the mealtime table. Staples included “bird’s nest” stew cooked in an iron pot, pot roast, pot roast gravy bread, sauerkraut, pepper pot soup, Lebanon bologna, scrapple, and of course oyster stew on Christmas Eve. Such meals were often topped with mincemeat pie, fruitcake, or strudel for dessert.

Carefully taught were the following admonitions: never put a hat on a bed; never pass salt and pepper shakers from hand to hand; always throw salt over your shoulder if you should spill or drop it. Words of wisdom were passed along as well: “A bird in the hand is worth two in the bush;” “consider the source;” and “beauty is in the eye of the beholder.”

Every Saturday the family attended services were washing of the feet took place. Psalms were learned, adages were quoted OFTEN. “I will lift up mine eyes unto the hills from whence cometh my help;” (Psalm 121). All believed and followed the adage: “you are your brother’s keeper.” All were close as sisters, all graduated from the Reading Hospital School of Nursing.

Ruth Harriet Stager Stevens, the eldest, was born Jan. 31, 1915 and graduated from RHSN in 1936. She was known as “Stag” in high school. She was an accomplished pianist winning several competitions in Philadelphia. Her favorite composers were Rachmaninoff, Chopin, and George Gershwin, and she played Gershwin’s “Rhapsody in Blue” almost daily. She had three children (Carol, Jack, and Michael). Although her nursing career only lasted five years, she passed on many lessons including that all linens were to be secured with hospital corners. Ruth passed away at the age of 87 in 2002.

Jeanne Frances Stager Lutz was born on Dec. 5, 1916 and graduated from RHSN in 1938. Also known as “Stag” in high school, she was known to argue tactfully and win her point. Jeanne’s nursing career lasted until she retired at age 65. She became a head nurse in the emergency room at Roosevelt Hospital in New York City. She was a second mother to Ruth’s children. Jeanne passed away in 2009 at the age of 92.

Marian Genevieve Stager, the youngest, was born on April 21, 1918 and graduated from RHSN in 1940. Marian was a nurse during WWII in the Pacific theater. She achieved the rank of First Lieutenant in the U.S. Army. She won three Bronze Stars and the Asiatic Pacific Campaign Ribbon for tending U.S. soldiers on the battlefield in the New Guinea campaign. She is remembered for her bravery, cool exterior, her winning sense of humor, and her crackling wit. Sadly she passed away at the age of 31 in 1950.

The Stager Sisters Scholarship Fund was established by Ruth’s son, H. Michael Stevens, and is also funded by his sister Carol Perkins. It was established in memory of all three Stager sisters by providing financial aid on an annual basis to a worthy recipient who demonstrates through a career in nursing, a dedication to a lifetime of compassionate ministry to aid and comfort the very sick and dying. It is administered by the Reading Hospital School of Health Sciences Nursing Program and is awarded annually to a student in the nursing program.
**From: Bertha A. Rhoads, Class of 1978.**

A small group of us from the class of 1978 have been getting together yearly for quite a few years now at Shady Maple. We meet at 8:15 AM in the lobby and then enjoy good food and fellowship for 3 to 4 hours. We started as 4 and this year had 9. We decided to set a permanent date for this gathering. It will be the 1st Sat. of Feb.(otherwise known as super bowl Sat.) We welcome all our classmates to join us. If you decide to join us, please contact Bertha Rhoads @ 717-460-1195(cell) by voicemail or text by the day before so we can let the hostess know how big a table we will need. Hope to see you there next year.

Kim Leibensperger Hitchings NEA-BC, Manager of Lehigh Valley Health Network’s Center for Professional Excellence, **RHSN class of 1975**, was honored by Cedar Crest College with a Distinguished Nursing Alumni Award for transformational Leadership last fall. She was recognized for her compelling and positive nursing leadership creating a climate where LVHN nurses find meaning and value in their work serving the patient, family and community.

Congratulations, Kim!

**100 Years Of Life, Enjoying the Beach Now!**

Jane Louise Felter Hamilton, class of 1940 celebrated her 100th birthday in July. She grew up in Bedford County, following her mother who was also an RN, into the nursing profession. She chose RHSN because her aunt and uncle lived in Reading.

After her graduation she joined her class mate Geraldine Houpl in Washington DC, both working at George Washington Hospital, Jane worked there till 1945. During a visit to Atlantic City she met her future husband on the beach and as the saying goes, “the rest is history”. She married had 2 children and remained in New Jersey, working at Atlantic City Hospital and doing private duty nursing from 1948-1974.

Jane just recently moved back to Atlantic City to live with her daughter who resides, on the beach where from the sixth floor she has a perfect view of the sunrise and sunset. She enjoys walking on the boardwalk and crocheting.

Congratulations, may you enjoy many more beach days!

**Yes, You Do Have to Have Love**

By Dee Wilhelm Parmer, class of 1985

Of all the experiences nursing has allowed me to have, this one was unique. My niece, an assistant principal at the inner-city charter school, Grover Cleveland Elementary/Middle School in Philadelphia, invited several family members and me to share with her charges the pros and cons, and unique experiences of our respective professions. Although my expectation was to be on a panel with two other professionals answering kids’ questions regarding our occupations as we had done last year at charter school, my actual assignment turned out to be a one person panel (me) in several first grade classrooms. What a joy they were! The kids were polite, shaking my hand and telling me their names. I told them the few areas of nursing I had worked in, and shared what some of the happiest, saddest and messiest situations that I have been in throughout my nursing career. They were full of questions, and shared with me some of their family situations that had required medical help. My time with them was very impromptu, but we reviewed how to stop a nosebleed, how to find our radial and carotid pulses, among other things. They seemed to have lots of fun. There was one precious moment for me when a little girl asked, “Do you have to have love when you’re a nurse?” I told her I’ve been well loved by many people, and so I want to share that love with my patients, especially since many of them are hurting or grumpy. She seemed satisfied with my answer. I’m not sure if I was able to impact those kids to want to become a nurse, but I was thankful to call nursing my profession just so I could have my day with them!
I recently went to Peru to study the Incas, but came away with an appreciation for so many other indigenous cultures who live in beautiful, mystical Peru. All of these cultures are unique and interesting, but I especially enjoyed interacting with the Uros Indians. Let me tell you about them.

The Uro tribe pre-dates the Incas. Their territory was around Lake Titicaca which is the world’s highest (12,500 feet above sea level) fresh water lake. As the Incas grew stronger and began to conquer other cultures, the Uros people took the defensive action of moving onto the waters of the lake. They did this by building small islands using the totora reed which grows abundantly around the lake. Today, there are about 104 reed islands. The Uros consider themselves to be the owners of the lake and its waters.

The totora reed is critical to the Uros. Not only are their islands built from the reed, but additionally, their homes, furniture and boats are made from the reeds. The Uros also eat the reed which provides them with iodine and which is believed to have medicinal value. The island reeds are 4-6 feet deep. As reeds rot at the bottom of the islands, they are replaced with fresh reeds on top. It is a never-ending, time-consuming process to maintain the islands. I thought it felt strange to walk on the islands; much like walking on a water bed!

Although there have been recent improvements in their everyday lives, the Uros people live a difficult, hard-working life. They are mostly self-sustaining. Their food consists of fish, water fowl and their eggs, and guinea pigs (many indigenous people eat guinea pigs which are never considered pets). Although the sun can be warm, the nights are often cold. Food is cooked over a fire made on a pile of stones. Many children have suffered serious burns from cooking fires. They dry solid wastes in the sun to avoid polluting the lake which is also their drinking water. There is no organized health care.

Despite the lack of what we consider good health care, many Uros live well into their 70s and maintain productive lives. Perhaps all of that life-sustaining activity and diet of fish is beneficial for them!

In the past year, the Peruvian government has identified the Uros as a National Treasure and has passed laws stating that the Uros must be protected and can never be forced from their islands. In addition, the government has provided solar panels to provide energy to power small cooktops to replace the cooking fires which injured so many children in the past. The government has also provided composting toilets to provide better waste management.

The Uros welcome the improvements provided by the government, but, even so, many young people leave the islands to create new, more modern lives on the mainland. In order to provide more economic stability, the Uros have opened up their communities to controlled tourism. I was able to visit a small community where an interpreter explained the history, culture, and life style of the Uros. They dressed my small group in their colorful native clothing and invited us to join them in their dances (have you ever tried dancing at 12,500 feet? I lasted about 37 seconds!). They were just as curious about us as we were about them. Even though we did not speak each other’s languages, I found them to be warm and welcoming. They sang to us as we sailed away across Lake Titicaca in a reed boat to Taquile Island to study a different group of people (that’s another story).

The Uros people navigate a tricky passage between tradition and modernity. Although they have reached out to the modern world, they strive to maintain their own unique identity.
My Experience at “One Nurse. One Moment. One Action.”
By Shirley Dominick, Class of 2015

Last May, I had the privilege of attending my first national nursing conference as a RN. Sponsored through my employer, Tower Health, I was able to attend the Oncology Nursing Society Annual conference located in Washington, DC. This 5 day event was a whirlwind of information. The conference’s theme was: “One Nurse. One Moment. One Action” all focusing on that one moment that we knew we were destined to be Oncology nurses and the one action we would take to help advocate for our patients.

The event was held at the Walter E. Washington Center in downtown DC. The location was just less than 2.5 million square feet and was packed with all things Oncology. Over 4,000 nurses attended from all over the country. There were topics that included immunotherapy, radiation, research, managing moral distress, genomics and new drug therapies just to name a few. There was even a class entitled, “Congress 101” which was designed for newbies to help navigate the overwhelming amount of information! There were so many great topics; I had a hard time picking which ones to attend.

The opening session was done by a gentleman named Lee Tomlinson who is the founder of the C.A.R.E. Effect Movement. Ironically, Mr. Tomlinson was not a doctor, nor a nurse, but a patient who had survived throat cancer and he spoke to his medical journey including the good, the bad and the ugly. He spoke to us from a patient’s perspective about what it felt like when the received the diagnosis, to going through treatment, to becoming cancer free. He presented on the stage, in a patient gown to show the vulnerability that patients have when they are in our care. It was truly a touching way to open our conference and really, our eyes to what it means to be compassionate. The basis of his movement, in a simple sense is about doing daily acts of random kindness to make the world a better place. I would recommend going to the website to hear him speak and read about the movement.

In addition to all the informational sessions, there was also a large room set up with vendors and sponsors of the event which had things on display from IV infusion sets for chemotherapy, skin care treatments for people undergoing radiation, “cool caps” which are used for women undergoing breast cancer treatment to reduce hair loss, support groups for all types of cancer patients to drug companies who had pods set up to display the latest innovations in drug therapy. Outside of this learning center was also an area set up designated specifically about certification and offered those who were already certified, many little tokens of appreciation and for those who were not, tons of information on the rules to become certified. I was selected to attend a work group about certification which was to discuss what our thoughts were about becoming certified; having even more specializations and how/if we would be compensated should we become certified. The group was small with only 7 people (including me) from all over the U.S. I enjoyed hearing what other hospitals/systems did for their employees.

Another interesting forum I was able to attend was a political action group which introduced me to ONS’ lobbyists. I, along with the other attendees, was able to ask questions about how we, as nurses could influence policy in relation to cancer care. We were briefed on recent legislation passed as well as upcoming legislation to be aware of, and encouraged to contact our representatives to have our voices heard.

Poster presentations were done in a less than traditional way. Everything was submitted electronically and each poster could be viewed prior to the conference online, or on large screens located in the convention center anytime during convention hours. There were also designated times that each presenter had to answer questions about their poster but because there were so many other things going on at the same time, I viewed the posters from my laptop during lunchbreaks and in the evening when I returned to my hotel room.

This experience was something that I will keep with me for the rest of my career and am grateful to have an employer who supports staff to attend such events. If you never have had the opportunity to attend a national conference, I highly recommend it. The only downside, if you can call that, was that I was so busy attending classes and seminars, I had very little time for anything else. The good news was it rained the ENTIRE time I was there so I wasn’t tempted to sight see!
Hello Fellow Alumni!

My name is Emma Harris and I am a member of the class of 2013. I currently working on a medical-surgical unit and wanted to share the journey I have had with evidence-based practice. As we all know, the practice of nursing is constantly changing. Not too long ago the profession was in the culture of habit, often hearing “that is how we always have done it”. Well that is no longer the case. When I was a new nurse I was drawn to evidence-based practice and signed up for the first EBP internship I was allowed to attend. This internship is offered by the accomplished Dr. Debra Stavarski, the Director of Nursing Research. This internship provided an in depth education regarding the evidence-based process. After this, I was offered to attend the Johns Hopkins Hospital EBP Bootcamp. At this boot camp, I learned even more about the process and was able to broaden my knowledge base. They even had nurses from the hospital discussing their EBP projects and their outcomes. With these two opportunities, I am now in the process of transitioning two projects into practice. One regarding a visual cue for a patient’s code status and another regarding a more liberal visitation policy. This is just a small snapshot of the learning opportunities and support from leadership that the Reading Hospital provides, regarding evidence based practice.

For those who have not completed an evidence-based project, the idea can be intimidating. Here are some things that I wish I would have known prior to starting. One, it is not simply a project; a project has a start and an end point. With an evidence-based practice change, the project aspect is just the beginning. If you do not translate the evidence into practice, why do it? It is essential to take what the research says and attempt to implement it in your institution. When putting it in place one must continuously monitor and see if positive outcomes are noted. So there is really no end point. Second, involve all stakeholders and communicate constantly. I cannot stress how important it is to have everyone at the table. A practice change could have gone three steps forward and then another department gets involved and then you go two steps back. This brings me to my next point: you know your topic. When having meetings with supervisors and leadership you may feel intimidated by their positions. While it is always important to be respectful and professional, keep in mind you have done all the reading of the most up to date research. You may actually know something they do not. Do not be afraid to speak to the facts. Lastly, some colleagues may disagree with your project. Change is hard for everyone. Always know that in the long run your change in practice will help patients, and that is the basis of the nursing profession.

Give the Gift of an Intentional Pause (Continued from page 1)

Something less overtly obvious is never interrupting someone when he is in the middle of an important thought. Brahm calls this a “thinking pause.” “A thinking pause takes place when a person hasn’t concluded; when he intends to continue but needs to stop and think.” I know that I have been guilty of ignoring the need for that intentional pause in conversations and often begin to say a lot in response to the comments that I have heard. I sometimes find myself a bit too impatient in wanting to verbalize my response and even supply a word or two for the person who is trying to work out his thoughts and find just the right words.

My goal for the coming year is to continue to become more sensitive to the person with whom I am conversing. I am trying to give the gift of an intentional pause in our conversation in order to provide the person with the time that may be necessary to improve his communication. I hope that he will notice my patience and purposeful allowance for an intentional pause in conversation. I hope that he will identify me as a good listener. I also hope that he will also feel better understood. If the next time you and I talk and you feel that I am not giving you the gift of an intentional pause in our conversation, call me out on it as I continue to practice and improve. Because we all wish to be better understand each other, this may be a great tip to incorporate into your conversations. Let me know if you exercise the intentional pause and reap positive results. Take good care and have a healthy, happy and hopeful filled new year.
We need your news to make this a NEWSLETTER!

Share the news about marriages, births, new positions, promotions, retirements, class reunions, special interest groups, hobbies and other items of interest to:

Editor, The Alumni Connection, Box 6248, Wyomissing, PA 19610

Or you may e-mail the Alumni at rhsnalumni@yahoo.com

Please Note: news/articles may be edited for space and content

Please include your first, maiden, and last name and your name at graduation. Include your year of graduation, address, and the news you want to announce.

From Sally Miller (484-577-4331), class of 1961:
The Class of 1961 had their yearly reunion, October 3, 2018 at Gianotti’s Manor on the Pricetown Rd. We had 13 classmates attend & heard via notes from about 1/2 of the class. Played trivia & a good time was had by all. Our guest again this year was Mary Drehs, & Gloria Miler two of our instructors. Those present received a heart pillow. Our reunion this year will be the first Wednesday, Oct 2 at Gianotti’s at 12 p.m. We still have our breakfast at Wyomissing Family Restaurant at 10 a.m. the 3rd Wednesday of the month.

TO THE READING HOSPITAL NURSING CLASS OF 1961 ON THIS 57TH REUNION DAY, OCTOBER 3, 2018

We talk about down-sizing, but what to do with our memories & stuff.
Our nursing capes, that kept us warm on those cold winter days?
Our heart-shaped caps we worked so hard to receive?
And our shiny Reading Hospital Pins that we never wear?

Here’s a solution I came up with, thanks to a lot of guidance from Mary Drehs—who always keeps teaching us something new. First, take your grey cape (with the red lining) apart and cut out two hearts. These hearts symbolize our nursing caps. Then, with a few careful placed stitches, you make a small grey & red heart representing our capes. Lastly, place your Reading Hospital pin in the center of the grey heart. Now, you have a small decoration which you can easily hang on a wall to bring back memories of days gone by.

Class of 1976 with their advisor Mary Drehs at their reunion last fall. Our next reunion is Nov. 9, 2019 at 12:30 PM at the Highlands. Any questions, contact Anne Hess Brown at albrown08@hotmail.com
The Alumni Association of the Reading Hospital School of Nursing invites you to attend

The Annual Reunion and Awards
June Dinner
Tuesday, June 11th, 2019
Social Hour 5:30 ~ Dinner 6:30
The Crowne Plaza, 1741 Papermill Road, Reading, PA 19610
Please select one of the following:
Johnson Boursin
Or
Grilled Flat Iron Sirloin
Or
Oven Poached Salmon

*** $34.00 ($5.00 extra for Non-Members) ***

All members, including the honored guests, the Class of 1969, and non-members should return their reservation with check by the DEADLINE, Saturday, June 1st, 2019. If you wish to sit with a specific group of persons, please let us know. We will do our best to honor your request.

Opportunities available for gift basket raffle  Proceeds to benefit The Scholarship Fund

Please complete and return your reservation with a check

Enclosed is my check and reservation for the June 11, 2019 dinner. Deadline June 1, 2019.
Please make check payable to: “Alumni Association of RHSN”

Name ____________________________________  Year of graduation _________
Address ____________________________________  Is this a new address? Yes ____  No ____
City __________ State _____ ZIP _______  Telephone (____)____________

I would like to be seated with: ________________________________________________________________
Diet Modification: __________________________________________________________________________

Please send your reservation and check to:
Ms. Karen Krick
2303 Overland Ave
Sinking Spring, PA. 19608
Choice of Entrée:
Chicken  ____@ $34
Flat Iron Sirloin ____@ $34
Salmon  ____@ $34
Non Member  ____@$39

Total Amount Enclosed: _______

10
RHSN SCHOLARSHIP DONATIONS
Please accept my donation of $________ to be used as follows:
☐ Student Scholarship Fund
☐ Graduate Scholarship Fund
My donation is ☐ In Honor Of, ☐ In Memory Of,
Other ______________________ (name of honored person or institution)
Please make check payable to: Berks County Community Foundation, 237 Court Street, Reading, PA 19601
Donor Name (first, maiden, last) ___________________________ Class __________
Address: ____________________________________________________________
_________________________________________________________ Phone(____)________
Please acknowledge my donation to:
Name: ____________________________________________________________
Address: ____________________________________________________________
You have my permission to print the above information (____) YES (____) NO Amounts will not be published.
The official registration and financial information of Berks County Community Foundation may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

GENERAL FUND DONATIONS
Please accept my donation of $____ which is ☐ In Honor of ☐ In Memory of__________________________.
Make check payable to: The Alumni Assn. RHSN, P.O. Box 6248, Wyomissing, PA 19610
Donor Name (first, maiden, last) ___________________________ Class __________
Address: ____________________________________________________________
_________________________________________________________ Phone
Aknowledge the Donation to: Name _____________________________
Address: ____________________________________________________________
You have my permission to print the above information (____) YES (____) NO Amounts will not be published.

PAID LIFE MEMBERSHIP
I am currently a member and want to become a paid life member.
NAME (first, maiden, last) ___________________________ Class __________
Address: ____________________________________________________________
Please make check for $300 payable to: The Alumni Association RHSN, Box 6248, Wyomissing, PA 19610
During your lifetime the fee will be invested. Interest earned will be used for operating expenses, thereafter the entire fee will be transferred to the General fund.

NIGHTINGALE MEMBERSHIP
I am currently a life member and want to become a Nightingale Member
NAME (first, maiden, last) ___________________________ Class __________
Address: ____________________________________________________________
Please make check for $200 payable to: The Alumni Association RHSN, Box 6248, Wyomissing, PA 19610

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The Annual Reunion and Awards June Dinner
Tuesday, June 11th, 2019
The Crowne Plaza
Reservation from on page 10

Deadline for articles to be printed in the Fall 2019 Issue is July 15, 2019
Remember to include your year & name upon graduation.
Send items of interest to:
Editor, Alumni Connection, POB 6248, Wyomissing, PA 19610
Or
You may e-mail the Editor at v.clements@comcast.net